



CHARLESTOWN CARING GROUP

April - May - June 2019

OFFICE: 23 JAMES ST, CHARLESTOWN 2290

PHONE: 4942 1117 **FAX:** 4943 1337

EMAIL: admin@charlestowncaring.com.au

WEBSITE: www.charlestowncaring.org.au

OFFICE HOURS: Monday to Friday- 8am- 3pm

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Message from the Office: Well here we are, nearly Easter already !

A big thankyou to all the clients who returned their surveys, thank you for all the positive comments we really appreciate it, as well as suggestions for improvements, one of these suggestions was to add to newsletter a photo and information about staff members, so we will include this in each edition.

If your needs have changed and are considering applying for a home care package, we have information at the office that may assist you, it is always your choice and we always encourage people to look around and be informed. You can also keep

your CCG staff member as we will be working in partnership with a home care provider contact the office and ask to speak to Michelle for more information

Since the last newsletter we have said a fond farewell to Barbara (admin/accounts) who was with CCG for 9 years. She is now enjoying her grandchildren at home. Our new staff member taking on this role is "Traci" who has a lot of experience in accounting and customer service and we welcome her to the team! We also have "Maureen" who is working a few hours a week in reception, we welcome Maureen back to the office after many years!

Also Amanda (NDIS/Private services Coordinator) left to take up another job in her career path. Our staff member "Christina" has taken on this role, Christina has a lot of experience in various areas and we welcome her to the team!

VOLUNTEERS- see below

There has been changes to criminal checks for people who have one on one contact with clients. Besides the usual paperwork and 100 point ID we also need to copy the back of your licence (we previously only copied the back if address had changed) we also have to have a close up "selfie" of you to upload, as it is now done online. We will make a suitable time if you are due for renewal to bring in your ID, and also take a photo of you to complete the process as it is a legal requirement.

Until next time - *Margaret - General Manager*



Operations Manager's Report

A reminder that with Easter, the office will be closed Friday 19th April (Good Friday) and Monday 22nd April 2019 so please plan any transports around this. Thursday April 25th is Anzac day (day of remembrance) the office will be closed on this day..

Feedback- I welcome any feedback from clients/volunteers. Positive or negative feedback allow CCG to continually improve our client services. I am always available to have a confidential talk with anyone in private too.

CCG supported Local MP, Pat Conroy's Ovarian Cancer Fundraiser too - A very, very good cause! All helps to raise awareness.



SUPPORT SMALL LOCAL BUSINESS! CCG AND MEALS ON WHEELS teaming up at Pat Conroy MP Seniors Expo

Our staff

Many of you may not know all of CCG's staff so over the next few newsletters I will introduce you in the newsletters to our new staff members who will tell you a little bit about themselves.



Hi my Name is Traci the new Finance Officer at CCG. I am married to my Husband Josh of 14 years this May, I have 3 beautiful daughters: twins aged 13 and my youngest is 10. I love camping and spending time with family and friends. I am passionate about helping others and am proud to be working for such a wonderful organisation. I look forward to getting to know you all.



I am Maureen, I am married to Barry, my very patient and understanding husband.
I live in the beautiful suburb of Blacksmiths, close to beach and lake.
I am very passionate about my Dancing and Music.
I Line Dance twice a week. Attend Musicals in Sydney.
I am in the Eastlakes U3A (University of Third Age) and attend classes each week.

I am addicted to Puzzle Solving and love to read in my spare time.

FUNDRAISING EVENTS

- Easter Raffle- We have our annual Easter raffle at the office and appreciate any donations of Easter eggs or purchase of tickets.
- Mother's day raffle- will commence after Easter raffle is drawn- with some lovely "pamper packs" and other goodies.
- If anyone has any suggestions on local services that CCG can approach for donations of items to assist with fundraising please let the office know - it all helps!.

Wellness and Reablement

Our fortnightly Exercise Classes in the office!

The photos say it all!! (Karyn - our qualified amazing instructor with Jack and Pauline! And our Balance team! (Christine, Annette, Elizabeth, Iris, John, Pauline, Karyn and Jan)



GENTLE FLOW YOGA - Chair yoga, beginner's yoga, general yoga. If anyone is interested in this please contact the office and let us know and we can organise some classes for you.

Michelle-Operations Manager

Lifestyle Coordinator's Report

Well that was one hot summer!! Thank goodness that's over....

Thank you all for your activity & community outing suggestions - keep them coming, as we value each and every one of your ideas.

We have had some great outings out in the community the last two months and I have received excellent feedback from all who attended the Catalina base tour at Rathmines. On **Sunday** the 19th May 2019 I will be taking the bus to the Catalina Festival so get your bookings in early so you don't miss out.

"Expressions of Interest" - Something to save up for... One off experience!!! Who would be interested in ride in a stretch limousine to somewhere nice for lunch/dinner-Perhaps to the Queens Wharf Brewery to sit on the water and watch the tugs and boats? It will be NOT be a cheap outing - call Michelle if you are interested and she can take names and talk costs with you...

I am very excited to let you all know that I am now attending Tafe, studying my certificate IV in Leisure & Health - I'm not only doing this to improve my skills in all areas, but to provide new idea's in activities and community outings.

Lastly- we try to please everyone with our activities, hence we provide a variety of indoor and outdoor activities, including different food choices - It's your choice to choose which activity suits you!

DEB- Lifestyle Coordinator

Private Services/NDIS Coordinators Report

Hi everyone. I am the new private services/NDIS co-ordinator and am very excited to be working in this role. I will tell you more about myself in the next newsletter. I am currently in the office on a Tuesday and Thursday. Come and say Hi if you are in the office.



I just wanted to say a huge thankyou to our Lawn Crew - Steve, Michael and Cliff. This has been a very hot summer for the boys and they have completed all their jobs with smiles on their faces. Thanks so much!!

Unfortunately we had to stop our gardening work, and our books are now full for lawn mowing. We have advertised in various places but have not been able to source suitable volunteers for our mowing crew.



Christina- Private Services & NDIS Co-ordinator

Photo Page

