



CHARLESTOWN CARING GROUP

Lifestyle Choices Program- March 2018

"Your Choice - Your Program"

Mon	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		NOTE: EVERY TUESDAY & THIRD FRIDAY OF THE MONTH. MERCY BUSES PICK UP FROM 7:30am		2 Wellbeing Group Lake Macquarie Art gallery/Morning tea <u>Gold coin donation.</u> Pick up from 8 am Cost \$20 + gold coin (includes Lunch)		
5	6 Social Connection Pamper Day Lunch Bingo Cost \$20	7 Twilight Group Aqua swimming Includes morning Tea Pick up from 8am Cost \$25	8 Shopping Bus Pick from 9.am Cost \$15	9 Mens Group Community outing Pick up from 8am Cost \$15 + money for lunch	10	11
12	13 Social Connection St Patricks Day Theme - Dress up Cost \$20	14 Twilight Group Office/Movies Movie snacks 1pm pick up 6pm drop off Cost \$20	15 	16 Social Morning Entertainment : Allen Walsh Lunch & bingo Cost \$20	17 Mystery bus Includes BBQ Lunch Pick up from 8am Cost \$25	18
19	20 Social Connection Table & Floor games Lunch & Bingo Cost \$20	21 Twilight Group Aqua Swimming & Morning tea Pick up from 8am Cost \$25	22 Shopping Bus Pick up from 9.am Cost \$15	23 Bus trip Tenpin Bowling Includes: Morning tea & lunch. Pick up from 8am Cost: \$25	24	25
26	27 Social Connection Easter Celebrations Hat Parade Lunch & Bingo Cost \$20	28 Twilight group 16 footers Concert Pick up from 8am Cost \$15 + Buy own lunch	29	30 Good Friday <u>Office Closed</u> Happy Easter	31	NOTE: This program may be changed due to unforeseen circumstances