



# CHARLESTOWN CARING GROUP

Lifestyle Choices Program - August 2018

*"Your Choice - Your Program"*

Mon	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		<b>1 Twilight Group</b> Redhead Church Bingo Includes morning tea Pick up from 8am Cost: \$20	<b>2</b>	<b>3 Wellbeing Group</b> Broadmeadow Putt Putt Golf Pick up from 9am Cost :\$20 Plus money for lunch	<b>4</b>	<b>5</b> 
<b>6</b>	<b>7 Social Connection</b> Pamper Day Table Games Lunch & Bingo Cost :\$20	<b>8 Twilight Group</b> Hoyts Cinema Cost : \$20 Plus money for lunch Pick up from 11.30am 	<b>9 Shopping Bus</b> Pick up from 9am Cost : \$15	<b>10 Mens Group</b> Community Outing Cost \$15 Plus money for lunch	<b>11</b>	<b>12</b>
<b>13</b> 	<b>14 Social Connection</b> Happy Hour Cheese and wine Table games & Trivia Cost :\$20	<b>15 Twilight Group</b> Garden & Craft Office Light Snacks Cost : \$20	<b>16</b> 	<b>17 Social Morning</b> Cherry Road Nursery and Windale bowling club for lunch  Cost: \$15 Plus money for lunch	<b>18</b>	<b>19</b>
<b>20</b>	<b>21 Social Connection</b> Price is Right Table games Lunch & Bingo Cost: \$20 	<b>22 Twilight Group</b> Charlestown Bowling Club Bingo, Plus money for lunch. Pick from up 9am Cost : \$15	<b>23 Shopping Bus</b> Pick up from 9am Cost : \$15 	<b>24 Bus trip</b> Ten Pin Bowling Includes 1x game morning tea & Lunch  Cost: \$25 Pick up from 9am	<b>25</b> 	<b>26</b>
<b>27</b>	<b>28 Social Connection</b> <u>Client Meeting- 10am</u> Round Robyn Games Lunch & Bingo Cost \$20	<b>29 Twilight group</b> Op Shopping Cost \$15 Plus money for lunch Pick up 11:30am	<b>30</b>	<b>31 Mystery Bus</b> Community Outing Plus money for lunch Pick up from 9am- 2.00pm Cost: \$20		<b>NOTE:</b> This program may be changed due to unforeseen circumstances