




# CHARLESTOWN CARING GROUP

Lifestyle Choices Program- April 2018

*"Your Choice - Your Program"*

Mon	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p><b>NOTE:</b> Every Tuesday &amp; Third Friday of the month. Mercy bus picks up from 7:30am</p>			
<p>2 <b>Easter Monday</b> <u>Office Closed</u></p>	<p>3 <b>No Groups Today</b></p>	<p>4 <b>Twilight Group</b> Aqua swimming Includes morning Tea Pick up from 8:30am Cost \$25</p>	<p>5 <b>Shopping Bus</b> Pick from 9.am Cost \$15</p>	<p>6 <b>Wellbeing Group</b> Walk along Stockton Waters Pick up from 8am Cost \$15 + money for lunch</p>	<p>7</p>
<p>9</p>	<p>10 <b>Social Connection</b> Floor Games Bingo Cost \$20</p>	<p>11 <b>Twilight Group</b> Office/garden club Afternoon tea and Dinner included. 1pm pick up/6pm drop off Cost \$20</p>	<p>12 </p>	<p>13 <b>Mens Group</b> Community outing Cost \$15 + money for lunch</p>	<p>14 <b>Mystery Bus trip</b> Includes Picnic lunch Pick up from 9.am Cost \$25</p>
<p>16</p>	<p>17 <b>Social Connection</b> Musical Trivia Sing along Bingo Cost \$20</p>	<p>18 <b>Twilight Group</b> Aqua Swimming Includes morning tea pick up from 8:30am Cost \$25</p>	<p>19 <b>Shopping Bus</b> Pick up from 9.am Cost \$15</p>	<p>20 <b>Social morning</b> Entertainment Ukulele Dreaming Bingo Cost \$20</p>	<p>21</p>
<p>23</p>	<p>24 <b>Social Connection</b> Entertainment Sing Australia Anzac theme Cost \$20</p>	<p>25 <b>ANZAC DAY</b> <u>Office Closed</u></p>	<p>26</p>	<p>27 <b>Bus trip</b> Tenpin Bowling Includes morning tea + lunch. Pick up from 8am. Cost \$25</p>	<p>28 <b>NOTE:</b> This program may be changed due to unforeseen circumstances</p>